

## Treatment Innovations

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12/1/11

Re: Sole Source Justificaiton

To Whom It May Concern:

Thanks for your request for information regarding Seeking Safety and sole source justification.

### *Training:*

Seeking Safety is a copyrighted, manualized evidence-based practice for the treatment of trauma and/or substance abuse. The manual was published in 2002 by Guilford Press, which owns the Seeking Safety book copyright. Guilford Press has given permission to the developer Dr. Lisa Najavits and her consulting organization Treatment Innovations to conduct proprietary trainings to professionals on the model to teach the model, and ensure fidelity, quality assurance and consistency.

Dr. Najavits supervises and oversees several national trainers who operate under her direct instruction. The only trainers trained by her to conduct Seeking Safety training are listed on the Seeking Safety website (<http://www.seekingsafety.org/3-03-06/subpgs/associates-bios-2-08.html>). Only trainings conducted by Dr. Najavits or her associates can be considered model-adherence and consistent in information and approach with the model.

### *Materials:*

There are also various sole-source materials related to Seeking Safety. These are: the Seeking Safety training video series, the poster of Safe Coping Skills (both English and Spanish), the card deck of Safe Coping skills (both English and Spanish), and the translations of Seeking Safety in Spanish, French, and Swedish.

If you have any questions, please contact [info@seekingsafety.org](mailto:info@seekingsafety.org).

Best regards,



Lisa M. Najavits, PhD  
Director, Treatment Innovations